



11605 132nd Avenue NE
Kirkland, WA 98034
Dental Clinic-East Building-E107
WREB Orientation-W404

WREB Examination
Restorative, Anesthesia and Hygiene for March, June and September 2012

Site Coordinator: Scarlet Kendrick, RDA, MA
Scarlet.kendrick@lwtech.edu or 425-739-8369



Driving directions to main college campus and parking

See attached map for parking and campus layout

Coming from north of Totem Lake (Kirkland)

- Head south on I-405, take exit 20 (124th St)
- Turn left on NE 124th Street at end of exit ramp. Go over the freeway.
- Go through 4 stoplights. At the fifth light, veer to the right onto Slater Avenue.
- Go to the first stoplight. Turn left onto 120th Street. Go up the hill. The college is on your right. Parking is free. You may park anywhere on campus for no fee.

Coming from south of Totem Lake (Kirkland)

- Head north on I-405, take exit 18 (85th street)
- Turn right (east) toward Redmond onto 85th at the end of the exit ramp.
- Turn left on 132nd Avenue Northeast. Drive two miles. The college is on your left. Parking is free. You may park anywhere on campus for no fee.

Airport: SeaTac (Seattle Tacoma) International-follow driving directions coming from the south of Totem Lake (Kirkland)-travel time approximately 45 minutes from the airport-normal traffic



Hotels

There are several hotels very close to the campus. Three of the closest are:

The Clarion Inn at Totem Lake

12233 Totem Lake Way

425-821-2202

Silver Cloud Inn

12202 NE 124th

425-821-8300

Best Western Kirkland Inn

12223 NE 116th

425-822-2300 or 1-800-528-1234 (reservations center)



Dental Supplies/Equipment

Dental Units are Adec brand, handpiece hook-ups are two and four pin-**fiber optics handpieces will not work in the units.**

For the Western Regional Dental Hygiene Restorative exam LWIT will provide:

- Paper towels
- Soap
- Masks
- Gloves-non-latex
- Barriers for chairs to catch amalgam scraps from dentoform
- Standard HVE, air water syringe tip (no water is provided)
- Amalgam scrap jar
- A dentiform mount at each chair
- Several amalgamators around the Clinic-two units will share one amalgamator
- Each op will have a light cure machine
- 2X2 gauze, cotton tip applicators and cotton rolls

✚ Additional supplies available upon request, assuming that they are available by contacting the school coordinator either during your clinical orientation or by calling 425-739-8369, e-mail [scarlet.kendrick @lwtech.edu](mailto:scarlet.kendrick@lwtech.edu)

For the Western Regional Dental Hygiene Anesthesia exam, Lake Washington Institute of Technology will provide:

- Paper towels
- Soap
- Masks

- Gloves-non-latex
- Barriers for op
- Air water syringe, saliva ejector
- Patient napkins
- 2 X 2 gauze
- Topical-varies flavors
- Cotton tip applicators
- Lidocaine 1:100,000 or Carbocaine 3%
- Needles, 25 and 27 gage long and short
- Card board needle protectors
- Sterilization pouches
- Sharps containers in every op
- Surface Disinfectant –Birex spray
- Ice Packs
- Antimicrobial mouthwash
- ✚ In the event that sterilization of your syringe is needed to re-take the exam, please inform the school coordinator (Ms. Kendrick) so that it can be run through the Stadium in a timely manner.
- ✚ Also, if you would like your instruments sterilized upon completion of your exam, place your bagged instruments in the labeled bin with your candidate number on the bag. Please allow 3 hours for sterilization.

For the Western Regional Dental Hygiene exam, Lake Washington Institute of Technology will provide:

- Paper towels
 - Soap
 - Masks
 - Gloves-non-latex
 - Barriers for op
 - Air water syringe, saliva ejector, HVE
 - 2 X 2 gauze
 - Topical-varies flavors
 - Cotton tip applicators
 - Lidocaine 1:100,000 or Carbocaine 3%
 - Needles, 25 and 27 gage long and short
 - Prophylaxis paste, cups and brushes
 - Access to x-ray rooms, film and processing machines-during your exam time only
 - Cavitrons-**NO** inserts, uses 30K inserts
 - Small trays for check-in and check-out
 - Terry cloth towels for patient comfort, limited amount of blankets
 - Sterilization pouches
 - Sharps containers in every op
 - Patient bibs
 - Surface Disinfectant –Birex spray
 - Ice Packs
 - Antimicrobial mouthwash
- ✚ If you would like your instruments sterilized upon completion of your exam, place your bagged instruments, with your candidate number on the bag in the sterilization window

marked contaminated. **Note, we will not ultrasonic or remove your items from their labeled bags prior to sterilization.** Please allow 24 hours for sterilization.

- ✚ **If you require someone to give anesthesia to your patient, please inform the site coordinator the day before your exam, during your orientation.**



On-Campus Food Services

The campus has a cafeteria; however, it is only open while classes are in session. The cafeteria will be open during the June board times but not on the weekend. There are vending machines available near the cafeteria in the east building. There are many fast food restaurants located a few blocks from the campus (off of 116th and 124th Street). Examples include: Jack-in-the-box, McDonalds, Taco Time, Wendy's, Burger King or restaurants like Sheri's, Olive Garden, Thai Kitchen and Changs



BASIC EMERGENCY AND SAFETY INFORMATION

Phones:

- Room 107 (clinic): by the computer in the middle island
- Front desk: out through the doors into the reception area.
- **For emergency help dial 9-911**

Fire Extinguishers:

- Room 109: in the hall outside the restorative clinic
- Room 107: by the windows and emergency exit
- How to use: pull the pin, aim at the base of the fire, squeeze the trigger
- **Do not use if faced with a large or rapidly growing fire, just exit as soon as possible (always take your patient)**

Nearest Exits:

- Room 107-clinic: out the emergency exit in the main dental clinic between the treatment rooms C5 and D5
- Once outside continue up the path and move away from the building

Eyewash Stations (wear your protective eyewear):

- Room 109: back lab
- Restorative Clinic: 1st sink on the right

- Room 107 main testing clinic: each row of treatment rooms has one sink with an eye-wash station, be sure to locate the one that is closest to you before you begin your procedure. There is also an eye wash station in the sterilization room.
- **Pull off the green caps, pull the metal stopper on the back of the faucet and turn the water on. Flush eyes thoroughly.**

Emergency Oxygen:

- Restorative Clinic: inside door as you enter from the lab
- Room 107, main testing clinic: by the emergency exit and by the entrance door to the processing rooms.
- **On/Off knob is on the side (a lever), flow knob is circular, everything else is hooked up. Addition oxygen can also be found when the N2O is set up.**

First Aid and Emergency Kits:

- Restorative Clinic: in the cabinets attached to the sterilization area – first aid only
- Room 107 main testing clinic: First Aid hanging on the wall by the master switch and first aid and all emergency items in four (4) drawers across from the Clinic Manager's office as you enter through the main Clinic doors.

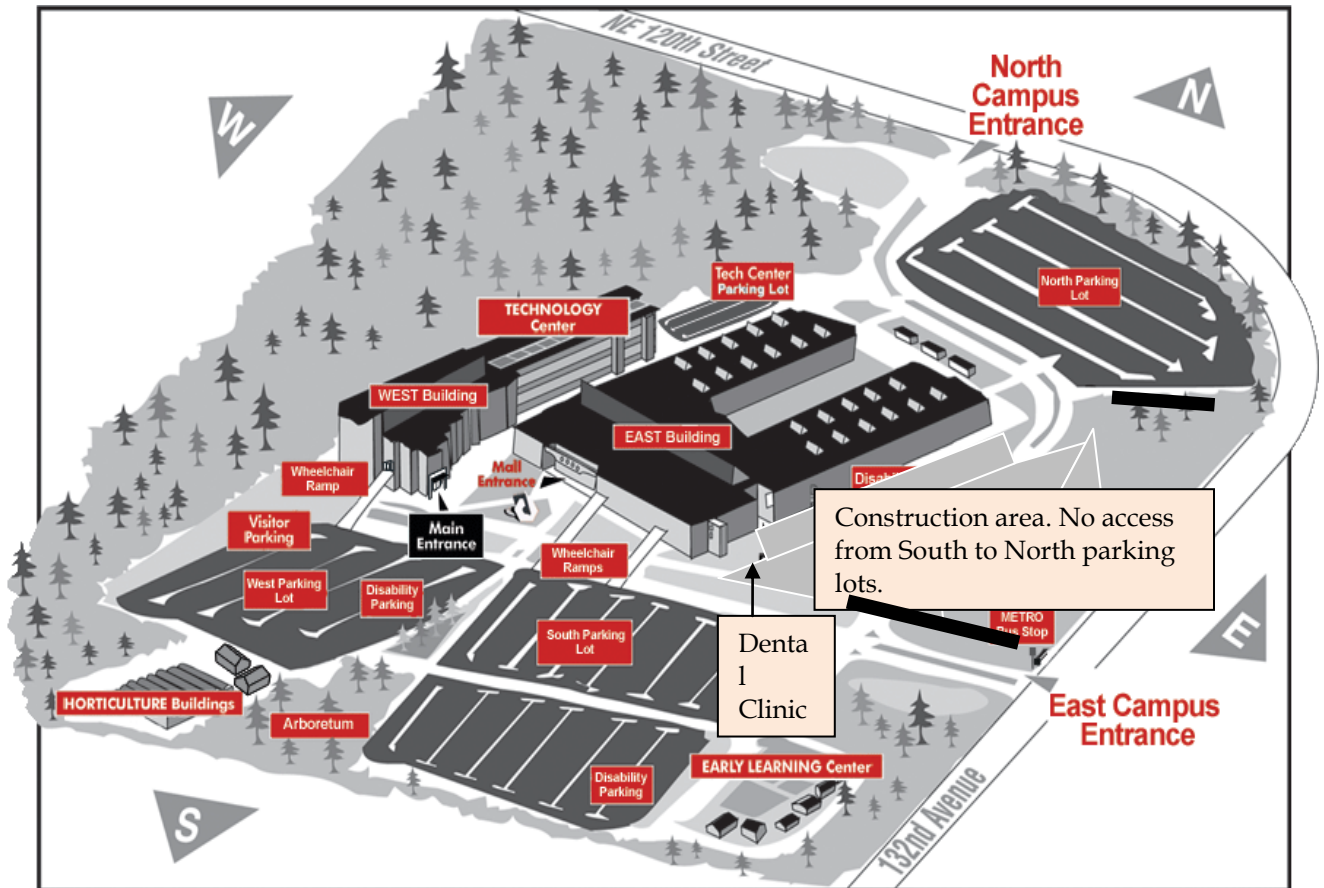
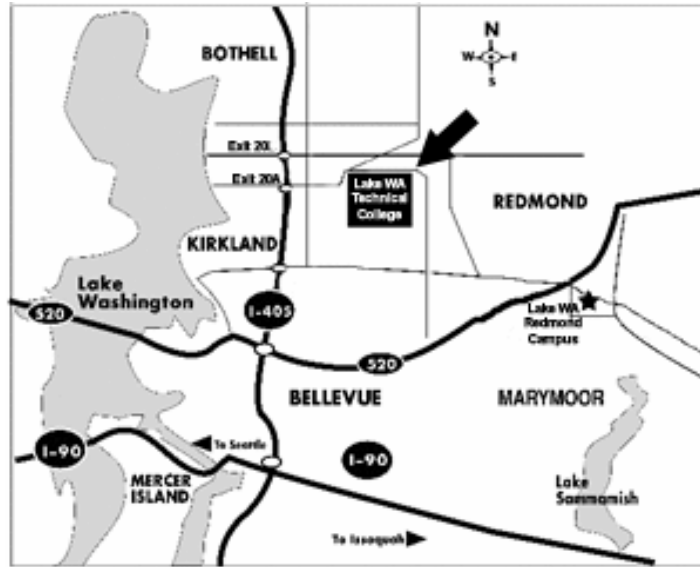
MSDS Manual/Book: in op number F-1 in the cabinet

Exposures and Exposure Personnel (wear your PPE and handle sharps carefully):

- Clinic Manager – 1st office on the left as you enter main Clinic
- Office Manager – Reception

Campus Maps





Parking is available in all parking lots and there is no charge for parking. You are also permitted to park in the designated dental parking which is located in the north parking lot.