

EASTERN WASHINGTON UNIVERSITY



Dental Hygiene Candidate Information Packet Western Regional Exams 2010

Eastern Washington University
Dental Hygiene Department/Clinics
Health Sciences Building
310 N. Riverpoint Blvd.
Spokane, WA 99202

WREB Exams at Eastern Washington University (EWU)

Patient Procurement and Screening: Candidates must provide their own patient. EWU will not furnish any patients or make any records available for patient screening prior to the exam. Eastern Washington University will not provide clinical space for patient screening.

Note: A practitioner(s) from the school is not available to administer local anesthesia to candidates' patients. There are no exceptions to this policy.

The Clinic: EWU clinics are equipped with ADEC chairs and workstations. Two varieties of handpiece hoses are available on each unit: **a 4-hole standard ADEC hi speed handpiece hose and a 4-hole Midwest Quick-Connect hose (for slow speed) with built-in swivel. To utilize the slow speed Midwest hose, the candidate's handpiece must be outfitted with a Midwest Quick-Connect Adapter Kit. If you choose not to purchase this adapter kit, you must call the EWU Clinical Coordinator at least 2 weeks before your appointed exam time to arrange the rental of this adapter.**

Since there are two handpiece hoses on each unit both highspeed and slowspeed handpieces can be set up at the same time **if the handpieces are properly outfitted as listed above.** It is recommended that all **restorative exam candidates** bring their highspeed and slowspeed handpieces with them to the orientation and tour the day before the exam to verify they have the correct components.

EWU will provide at each exam:

2 x 2s	View boxes	Cotton swabs	Soap
Autoclave bags/tape	Metal air/water syringe tips	Mouthwash	Topical anesthetic
Latex and non-latex gloves	Headrest covers	Prophy paste	Amalgamators
Plastic barriers	Masks	Surface disinfectant	Disposable Trays
Over-gloves	Paper Towels	Drinking cups	Local anesthetic
Patient Napkins	Saliva Ejectors	Sharps disposal	

Blood pressure cuffs: are located at each unit. However, you will need to bring your own stethoscope.

Ultrasonic Inserts: Each unit is equipped with a 30 MHz ultrasonic Dentsply Cavitron unit and a Dentsply SteriMate handpiece. Candidates must provide their own 30 MHz ultrasonic inserts.

X-rays: exposure and developing are \$2.50 per film (up to a maximum of \$25.00) We can accommodate printed digital x-rays and conventional x-rays, we will not print any digital x-rays on exam days.

Curing lights: are available at each unit during the Restorative Exam.

Metal, Adec air/water syringe tips: will be provided, **one per unit.** If you need more than one syringe tip they will be available for purchase. You may either bring an Adec air/water syringe tip with you or be prepared to purchase one at EWU for your exam. Adec recommends metal tips for safety reasons. This cost is \$5.70 including tax. Only exact cash or checks are accepted.

Rental of equipment:

A limited number of **high speed handpieces** are available **for rent at \$40.00 each. Rental must be arranged at least two weeks prior to the exam by calling the EWU Clinic Coordinator at 509-368-6535.** Please have your candidate number available when calling. Only exact cash or checks are accepted.

A limited number of **slow speed handpieces** are available **for rent at \$40.00 each. Rental must be arranged at least two weeks prior to the exam by calling the EWU Clinic Coordinator at 509-368-6535. Prophy angles are not available.** Please have your candidate number available when calling. Only exact cash or checks are accepted.

For rentals, a passport or driver's license will be held until equipment is returned.

All rentals and purchases may be arranged at the end of the clinic tour with site staff. Only exact cash or checks are accepted.

Parking: is available, adjacent to the east side of the building, with a permit for \$3.26 per day. Permits may be purchased at the end of the clinic tour from the site staff. Only exact cash or checks are accepted.

Please note: *If you stay in one of the hotels across the street from the exam site, you may leave your vehicle in the hotel parking lot free of charge.*

INFECTION CONTROL PROCEDURES FOR SITE:

Location of expendable materials will vary for each type of exam. During the clinic tour, you will be directed to the location(s) of all supplies provided at this site.

Instructions on setting up units.

After cleaning and disinfecting the surfaces, wash your hands with antimicrobial soap. Gather all the barriers you need and begin setting up your treatment area. You may choose to wear exam gloves for this, however, clean hands contacting previously cleaned and disinfected items is acceptable.

Place a barrier on the **operator stool**. Place a **headrest cover** over the chair headrest and a plastic barrier over the **disinfected cart top**. The plastic covering should hang over the front of the cart to completely cover the hose hangers. If using a chair with a table only, plastic bags will be placed over both hose hanger bars. It is important to place the plastic correctly so that the hangers are totally protected from contact with the hoses and handpieces.

Place narrow plastic sacks over the **evacuation handpiece(s)** and **air/water syringe handpiece**. Place a disposable saliva ejector tip in holder if you expect to use it. Later when you open your sterile instrument packs, place the HVE tip with screen and air water tip in appropriate places.

Cover **light switch, light handles, pens and pencils** with appropriate barriers. Tape a paper bag to side of cabinet.

Place a section of plastic on the damp, disinfected **counters** near your chair. Have the plastic drape down the front of counter. You may tape your overgloves (and instrument sharpening guide to this barrier). Your other disposable supplies, pens and pencils may be placed on this barrier.

Cover the **instrument tray** with a plastic bag, place tray cover on top, add a few 2 x 2 gauze squares, disposable dappen dishes (for lip balm or topical), cotton applicator sticks, etc. as you choose.

Location of sharps disposal containers.

Containers will be conveniently located on upper cabinets throughout the examination area.

CLINICAL TREATMENT AREA PROCEDURE – END OF EXAM:

- a. Remember to wear your gloves, safety eyewear, and masks for all clean up activities.
- b. Remove **contaminated surface covers** without contaminating the previously disinfected surfaces. Begin with the large plastic cover on the cart. Place the other covers, exam gloves, cart-side brown bag, bibs and other disposables on it and tie up the four corners to make a small pouch. It should then be disposed of in the large covered garbage containers. The uncovered garbage containers under sinks are used for paper towel disposal only.
- c. Contaminated needles and used anesthetic cartridges are regulated waste and are placed in the Sharps Containers. **DO NOT** place LA protector cards in the sharps container; these can go into the trash.
- d. Barriers and disposables used during treatment of clients with a known contagious disease should be heat sterilized in a special bag prior to discarding. Bags are available from the clinical assistants or school coordinator.

Location of oxygen and other emergency equipment:

1. Portable oxygen tanks are located at the east end (away from windows) of islands 1, 2 and 3 in the clinic. Each oxygen set up contains bag, valve, mask, nasal canula and pocket mask. (Locations marked with **O₂** on floor plan.)
2. Emergency drug kits are above and just to the left of the sinks at Islands 1, 2, and 3, and are clearly marked. Perio-retrievers are available in the drug kits located in Islands 1 and 2. (Locations marked with **Rx** on floor plan.)
3. BP cuffs only are mounted on wall by each treatment area; a stethoscope and large cuff is available with emergency drug kit. Chemical ice packs also available at that location and in the expendable material location.
4. Phones are located on wall both sides of room 176 (sterilization room), on wall near door to front office and on two of the teaching stations in the large clinic. (Locations marked with **Pn** on floor plan.)
5. To reach 9-1-1, simply dial 911. No prefix is required; however, it does take a few seconds for it to ring through so just hold on. To reach campus security dial 358-7995, or #40 from any campus phone.
6. An AED is located on the wall between the two restrooms across from chair #3.

LIMITED STERILIZATION will be available.

Candidates should arrive with all items needed previously sterilized. In cases where an item is dropped or other wise contaminated a StatIM steam sterilizer is available. If a candidate is traveling via air transportation arrangement can be made for packaging and sterilization of instruments following the examination.

Procedure for Sterilization:

Sterilization bags are available near the sterilization room. Record your candidate number in pencil on the outside, notify the clinical assistant that you need the instruments sterilized and how quickly you need them, and place the bag on the cart outside room 176. The bags will be run through the StatIM and returned to you in the client/candidate reception area. See exam dental assistants for additional assistance.

BASIC EMERGENCY AND SAFETY INFORMATION

Phones:

- There are 6 phones in the clinic
- For emergency help dial **9-1-1, to reach campus security dial #40 from any campus phone or 358-7995**

Fire Extinguishers:

- 3 total fire extinguishers--one located across from chairs 3 and 33, as well as next to the conference room
- How to use: pull the pin, aim at the base of the fire, and squeeze the trigger.
- **Do not use if faced with a large or rapidly growing fire, just exit as soon as possible (always take your patient with you).**
- Fire Blankets are located at islands 1, 2, and 3 in the cupboards with the emergency drug kits.

Nearest Exits:

- Main side doors to the clinic, near chair 3.
- From the building, straight out to the east of the building (left of the elevators).
- **Meet in the center of the cement walkway to other building**

Eyewash Stations (please insure that both you and your patient wear protective eyewear):

- Eyewash stations are located at islands 1, 2, and 3, room 179, and room 176

Emergency Oxygen:

- 3--Victor Oxygen Therapy Regulators attached to oxygen tanks in portable carts (next to chairs 2, 9 and 31). Each tank has an adult and child Ambu bag, nasal canula and oxygen mask.

First Aid and Emergency Kits:

- Emergency kits are located at islands 1, 2, and 3 in the cupboards above and to the left of the sinks.
- Cold packs are located next to each of the emergency kits and at the expendable material location.

AED:

- Located on the wall between the two restrooms across from chair #3.

MSDS Manuals/Books:

- Located on desk near computer terminal opposite chair 20.

Exposures and Exposure Personnel (wear your PPE and handle sharps carefully):

- See Clinic/Site Supervisor or clinical assistants in clinic during the exam for paperwork.

HOTELS:

The Holiday Inn at Spokane International Airport has special pricing for WREB candidates and will provide shuttle service to the exam site. Ask for the special Eastern Washington University rate. Holiday Inn 1616 S Windsor Dr 99224 509-838-1170. There are also two hotels directly across the street from the clinic site:

Courtyard by Marriott
401 N. Riverpoint Blvd.
Spokane, WA 99202
509-456-7600

Fairfield Inn Marriott
311 N. Riverpoint Blvd.
Spokane, WA 99202
509-747-9131